The Re-feminization of Mary Jane

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Dispensary Profile

The story of Granddaddy Purple

www.gkmagazine.net
The Re-feminization of Mary Jane

by Melrose Sanchez

The root of all healing and physical comfort is the ability to eat, sleep and be pain-free. This is the foundation of all medical treatment. Our own Mary Jane offers all three to her patients, and frequently marijuana is recommended as a support to other prescribed medications and treatments.

The female influence is being expressed subtly, yet in a totally professional approach to the dispensaries role in today's society. What was once flanked with armed guards is now being invaded by nurses, physical therapists, pharmacists, herbalists and those with a healing/caring nature.

Access to marijuana for females prior to the passage of Proposition 215 in 1996, usually came through a male family member or friend. The clandestine-underground nature of obtaining marijuana caused many females pause. It did not stop women, especially those in need of pain relief, and those caring for the critically and terminally ill, but it cloaked the experience with uneasiness. It usually involved getting medication through a network of known people, but it didn’t change or lighten the experience.

The personal risk and social consequences involved with growing or possessing quantities of marijuana, medical or otherwise is still tremendous. It can and often does involve the loss of child custody, dissolution of family and jail or prison time. This is a risk few women, wives and mothers are willing to take thus distancing the female influence from cannabis for a sustained period of time.

Now, with more social sanction, females are coming to the forefront of the medical cannabis field. By coming out of the closet in a public way, the female influence is being felt throughout California and in the other states with medical cannabis laws. They are active in dispensaries across the state and throughout all aspects of the medical cannabis community. The hard-edge of barbed wired and weapons are being exchanged for a more hands-on feminine approach to this most female of plants.

Without speaking too broadly about the differences in the approach of the genders to marijuana, it is safe to say that the female plant and the female human do share theoretical common ground. Traditionally, however not exclusively, females are thought of as nurturing, and are frequently caretakers of the very young, old, sick and injured. Certainly, the use of marijuana as medicine has been passed from mother to daughter in the more indigenous populations of Mexico, and the Americas. Even now, this information is being passed as it always has been in the geographic areas where folk-medicine prevails over contemporary health care.

Women pass recipes for healing potions, salves, teas, soups and mixed herbal concoctions which include cannabis to treat any number of health troubles from menstrual cramps, to geriatric conditions and general maladies occurring in everyday life. It is the same as learning to treat a cold, or bandaging a small wound. The lessons are not so much taught, as they are learned. Most of us have learned our traditional ways of treating common maladies or some sort of home remedies for common injuries and ailments.

The infusion of the feminine seems appropriate and lends balance to the medical cannabis community. Certainly, there is room for female expression in a community where there is a hunger for a more comfortable, normalized approach to obtaining medicine.

Highly visible security is giving way to less visible, yet equally as effective security measures. The dispensaries are reflecting more comfort, efficiency, compassion and professionalism which was somewhat present in the early days of the male-oriented dispensaries, but it is being expressed in a more open and embracing way. Women seem to foster less paranoia, and certainly bring a true passion to their work.

Women of various ages and from diverse backgrounds are bringing their areas of expertise to the forefront of the medical cannabis community. Most have left successful professional lives to fulfill what they consider the most important work of their lives. All have taken untold risks, and met overwhelming challenges to be in the position to work directly with medical cannabis patients.

... there is a hunger for a more comfortable, normalized approach to obtaining medicine.

JoAnna, of The Farmacy located in West Hollywood is a licensed pharmacist specializing in geriatrics. She brings to her work an extensive medical background and over 20-years experience as an herbalist. Although, of course, she is not involved with dispensing pharmaceutical drugs at The Farmacy, working knowledge does give her the edge in understanding the interaction of prescription medications and how herbs, including medical cannabis,
The Rising Female Influence in the Medical Cannabis Community

can augment and support prescribed treatments. She is capable of advising patients about strains, and methods of ingestion and other herbs. Her experience includes a vast working knowledge of herbs including medical cannabis to balance medications for optimal results.

It is JoAnna’s extensive hospice work that brought her to understand the value cannabis brings to the sick, and terminally ill. She saw the results of prescribed synthetic cannabis and came to realize that it is not one element of cannabis that is effective but rather the whole plant that is necessary to relieve pain, stimulate appetite and give comfort.

JoAnna gave the example that while only one plant chemical of the echinacea plant is used today, there are hundreds of active ingredients not being used from the plant. The use of the whole plant, JoAnna explains, creates a synergistic or more complete chemical interaction. Her conviction today is about choice. There are options available to aid with relaxation for example; medical cannabis, kava, Chinese herbs and pharmaceutical drugs each can produce about the same effect, depending on the individual patient. JoAnna is convinced that medical cannabis is one avenue to allow death with dignity. In her extensive hospice work, she has witnessed the positive effects of cannabis giving comfort and ease to patients when they need it the very most.

Shay, of Mr. Nice Guy in San Francisco is the youngest of our profile group. At age 23, she brings to her dispensary a different, very refreshing attitude. She has her eye on the future. Her first move upon coming to Mr. Nice Guy was to change the counter staff to an all female team. Her vision of the future involves the humanitarian impact alternative medical options bring to the public at large. She is especially dedicated to people of color becoming more educated about the medical options, including medical cannabis, available today.

She sees that many suffer needlessly because they do not know that relief is available. Many people of color shy away from medical cannabis as a support for or treatment of medical conditions because of the social stigma attached and as a way of distancing themselves from stereotypical associations with cannabis. This is what Shay plans on changing.

Shay is interested in the wholesome nature of cannabis and bringing this message and viewpoint to her patients and to future patients. Shay appreciates family values and would like to see medical cannabis reflect those values. Shay envisions a future where local dispensaries operate much like any other family-owned business to serve the neighborhood’s needs in the style and tone that is most comfortable. She is also concerned that the standard for quality of medical cannabis remains high and does not become diluted as the medical value becomes more accepted by the mainstream.

Lisa, of Greenway Compassionate Relief in Santa Cruz, (featured in the Fall, 2006 issue of Greenkind) has ventured where none have gone before. Armed with her well written proposals, and her vision of a model dispensary, she sought and won city approval and state sanction.

A cancer survivor, Lisa learned the value of medical marijuana and the importance of a well run, well stocked, fully-functioning dispensary where the patient is the focal point. She knows first hand what patients desire from a dispensary.

Santa Cruz patients have the option to enjoy a true sense of security having the knowledge of full local authority and state acknowledgement. It took fortitude and faith for Lisa to meet every requirement and working through the endless glitches of the governmental maze. Steadily, she moved forward, overcoming obstacles and after two years of hard work, celebrated the first anniversary of Greenway, late last year.

Lisa’s vision has not stopped with the completion of the dispensary. The lack of standardized, trained and licensed dispensary security, caught her attention and has urged her on to form a new company now in its early stages of development and appropriately named, Greenshield, specializing in dispensary security.

These women and the hundreds if not thousands like them are setting the standard in dispensary operation and patient care. They bring dignity and a bright future to medical cannabis in California and beyond. It is their willingness, conviction and effort that is changing the form, function, image and social significance of medical cannabis. Most likely, they do not realize the profound difference their labors bring to the quality of life for cannabis patients now and in the future.
WASHINGTON, D.C.—An amendment to stop the U.S. Justice Department from arresting medical marijuana patients in the 11 states where medical marijuana is legal, received a record vote on the floor of the U.S. House of Representatives today. Although the measure failed to pass, 163–259, medical marijuana advocates hailed the record vote as the result of a growing groundswell of support for medical marijuana from across the political spectrum. Last summer, the amendment received 161 votes, which was the previous record until today’s vote.

The improvement was due to Republican “yes” votes, which increased from 15 last year to 18 this year.

“Support for medical marijuana has hit yet another high-water mark in Congress, 11 states have legalized medical marijuana in 11 years, and the latest national poll shows that an astounding 78 percent of voters want to see medical marijuana legal,” said Rob Kampia, executive director of the Marijuana Policy Project (MPP) in Washington, D.C. “It’s hard to imagine a scenario where Congress will not pass our medical marijuana legislation by, say, 2009.

“The most significant thing is that the amendment gained votes during an election year,” Kampia said. “The last time the House voted on this amendment during an election year was in the summer of 2004, when support dropped from where it had been a year prior. The amendment’s strong showing this year probably has something to do with the fact that Citizens Against Government Waste and other conservative organizations are now lobbying alongside a host of medical and other organizations, including the American Nurses Association, to pass the amendment. And it’s also worth noting that every member of Congress who has voted for medical marijuana legislation and run for reelection has won reelection, and the only member attached for his medical marijuana vote won by more than five to one.”

The amendment, which was supported by a bipartisan coalition led by Congressman Maurice Hinchey (D-NY) and Dana Rohrabacher (R-CA), would have barred the Justice Department from using its funds to interfere with the medical marijuana laws now in effect in Alaska, California, Colorado, Hawaii, Maine, Montana, Nevada, Oregon, Rhode Island, Vermont and Washington. A national Gallup poll released in November 2005 found that 78 percent of voters favor allowing physicians to prescribe marijuana “to reduce pain and suffering.”

With more than 20,000 members and 100,000 email subscribers nationwide, the Marijuana Policy Project is the largest marijuana policy reform organization in the United States. MPP believes that the best way to minimize the harm associated with marijuana is to regulate it in a manner similar to alcohol. For more information, please visit www.MarijuanaPolicy.org.
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David R. Ford

These days marijuana is discussed in medical terminology. Of course marijuana is medicine, but there is so much more to our dear Doctor Jane. What David Ford has the courage to bring to the pages of his book, Good Medicine, Great Sex is real honesty about his life lived with marijuana.

We all know the rich personal experience of marijuana and the most valued medical benefits. Little is said about, the countless other positive aspects most of us experience with our medication. Many have come to realize an enriched sex life is in medical terms, a side effect. David Ford in the telling of his life, details how marijuana not only enriches his life, but in his opinion brought him more creativity, passion and prosperity.

This is the untold story of marijuana as we limit ourselves to court accepted terminology for fear the joy, pleasure and communion experienced with marijuana may blight the medical marijuana movement. David reveals his story in small gusts. It is an easy read and perfect for commute and bedtime reading. There is always a good stopping place within a few paragraphs.

Ford underwrites rather than waxing on. Short, direct, clear and honest writing best describes my impression of his most recent work. David also published, Not Guilty as Charged. Only this courageous author, has offered the DEA one million dollars to prove its lie that marijuana has no medical value. Not only is his work a good read, it has purpose and meaning not only in the medical marijuana community, but as an indisputable tool in the education of the public at large as to the true value of marijuana in our society. It can also be said that this is a book about life and living it well.

It is the over 75,000 people in jail on marijuana charges that Ford wants to liberate. He uses the power of the word to reveal to law makers, judges, and the authorities the facts they refuse to hear by showing his life and accomplishments with marijuana present and counted. Greenkind highly recommends this entertaining and informative read because there is real inspiration hidden between the lines. For more information go to www.davidrford.com where the book price is discounted or check your local book store.
I was sitting at home studying for a final exam in school when I received a call from my really good friend. She told me that Federal agents closed down her job, a medical cannabis dispensary, and she didn’t know what she was going to do for work. Before this point, my friend and I have talked about how hard it has been making ends meet but she felt blessed that she had this job working for a medical dispensary. This job not only paid her better than her previous establishment — a food chain — but also gave her the ability to help other medical patients like herself on a daily basis.

That day, a week before Christmas, I saw the fears and struggles of my friend and her coworkers become a reality. Federal agents and police officers barricaded her job and froze the assets of her employer. Not only was my friend out of a job but she wouldn’t be getting the paycheck she needed to pay her bills. She and many of the other patients relying on this medical dispensary will now have to figure out other ways to acquire their medications. Some of these patients will have to turn to street dealers to get their medications. Others, will have to travel several miles in order to find another dispensary all the while hoping that they won’t be turned away like they where on this sad day. I will never forget when my friend, an attractive, petit young lady in her 20s told me, “A mother and her young child no more than 4 or 5-years-old was talking to the police officer on the scene to see what all the commotion was about. After a few minutes of talking to the officer, the child turned to my friend and her coworkers and said, ‘They got you! you drug dealers!’”

All she wanted was to help other patients like herself — to find a way to heal themselves and lift their suffering. Yet, federal laws are calling her a criminal. Where is the compassion? Where is the love for the sick and struggling? Where is the justice for the sick and dying?

My friend is a survivor and will find a way to help herself and others. But on that day, as her friend watching from the sidelines, I knew that I could no longer stay silent. We must all speak out for ourselves our loved ones and for those who cannot speak for themselves.

Jess M — NorCal
As the story goes, a grower back in the day, living in the fertile coastal hills of Humboldt, also known as (707), started the long journey to create the king of indicas, Granddaddy Purple. This strain had been dormant for years being grown only for personal use. Luckily, for us some made its way out of the hills and into Oaksterdam.

At this time in Oaksterdam there were your usual suspects (strains) including Blue Dot, Super Silver Haze, Trainwreck and White Widow. These were all the rage and flowing freely out the doors of the Blue Dolphin and Third Floor. A new cafe opened across the street from the two largest dispensaries in Oakland and set the big boys on kilter. The new cafe only sold Purps. The trend between cultivators became a legend to the patients, and now Purple is the craze in popular culture.

Purple is an Afghani-based strain born in the foothills of the Afghan mountains. Short and bushy in size, the plant thrives in cold weather and can withstand extreme plunges in temperature. A sudden drop in climate during the last two weeks of flowering is essential in creating the violet and deep purple hues that the cultivator and connoisseur desire.

The flowers are dense, dank buds, dark in color with a smooth, buttery-smoke and a sweet candy taste. The aroma is unmistakable. A hypnotic sedative, Granddaddy Purple is 100% indica with a strong body-high which leaves the patient feeling mellow, relieved of pain ready for sleep.

For patients interested in cultivating the illustrious Granddaddy, a few words of caution. This lady is an extremely slow bloomer. Average time for vegetation is from 3-4 weeks followed by a flowering time of 8-9 weeks. Temperatures should be between 62-75 degrees. The most important tips for an excellent harvest are good air flow, and a cool non-humid environment. One of the only downfalls of this strain is the amount of water it retains both in flowering and in the curing process.

The Purple of Oaksterdam trickled its way out of the big city and into the dispensaries in the surrounding foothills. What started as hype turned into hip hop — drowning the airwaves of the Bay Area radio stations letting everyone know that, “It’s good, it’s good like the Granddaddy” and “Who’s got purple, I’ve got grapes” E-40 with Keak Da Sneak and NUMP’s summertime anthems added to the hysteria and the demand of the legendary strain, Granddaddy Purple.

Does Northern California’s favorite strain live up to the hype? You be the connoisseur, look for Granddaddy Purple arriving at a local dispensary near you.
Required Reading.
What every patient needs to know.

Demons, Discrimination and Dollars
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Marie Matlock, founded and is currently the CEO of the nonprofit, Public Benefit Siskiyou County Medical Cannabis Co-op/Research and Registration Center established over seven years ago. She is also the author of Crafty Cannabis Eatables featured in Greenkind Magazine. A stroke victim since 1999, Marie grows around 20 plants for her husband, her assistant, and herself for their personal use at her site. She does not dispense medical cannabis, but does act as a registering agency for medical marijuana patients within her county.

Shockingly, Marie was shut-down by the DEA and charges have been filed against her. Her plants were seized. Now Marie is faced with legal fees and is in need of defense funding. For more detailed information about Marie’s case call 541 482 4810.

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Roger Mentch has been operating a much needed delivery service out of Santa Cruz. He also is facing a court trail currently. He feels he was safely operating within the legal guidelines and delivering much needed medication to shut-ins and the most critically ill in Santa Cruz County. Roger also needs our support. Please email Roger: rmentch@sbcglobal.net
Fear rages through our community after each raid like a tsunami. Some day, when the stories are told, there will be a name for this period of marijuana prohibition. For now, it is known by the raiding and arresting of a stroke victim in Weed, a delivery man in Santa Cruz, a young married couple in San Luis Obispo County, dispensary operators in Hayward, and a 60 year-old caretaker in San Francisco. There are others more famous like Ed Rosenthal, Eddy Lepp, and our own sweet Angel of Supreme Court fame. Each of these is a medical cannabis patient just like you and me. Most have been arrested because they watered some plants. Then there are the nameless thousands already serving in the wasteland of our prison system.

Most raids and arrests, involving medical marijuana are met with the news media publishing the authorities’ statements while the patients are being escorted to jail. Patients are not allowed a public voice since most don’t have their lawyer handy during the raid. Usually, no public statement is made on their behalf and if there is, it is after the fact. The accusations of the authorities are published, believed and ripples of palatable fear surges through our community.

We hear rumblings of gossip usually to the negative about our arrested peers. “They didn’t follow the rules, but we do,” one dispensary operator says to the local news about his raided neighbor. “They were greedy,” says another. There is frequently a cry of de-filement, “This is what gives medical marijuana a bad rap.” These conclusions are drawn on the word of the arresting authorities. The fear turns us against our own. It radiates out from the point of the raid to the outermost reaches of the community. Isn’t the oldest tactic around to divide and conquer?

The point of the raids is to keep public opinion discounting the need for medical cannabis. The authority’s message is that the majority of cannabis patients are healthy people loitering around public parks getting high and selling “weed” to teenagers. And we all know better, yet even we are prey to the spin, It taps into our social oppression as patients and a silent doubt rises. We think, “Yeah, they did something wrong.” Never mind that the accused have their money and medicine taken, bank accounts frozen and the numbers of plants, pounds or whatever, inflated. They are left with little but sore wrists from handcuffs and regular urine testing. Many, if not most, are under court order not to medicate regardless of their medical condition.

Perhaps, it is always darkest before the dawn as the proverb goes since clearly the future is brighter. However, the distance from here to there depends upon the motivation and action of medical cannabis patients. We can leave others to endure the suffering of court proceedings, legal expenses, and incarceration on our behalf while we feel more pure, blessed or lucky for not being arrested. Or, we can set aside differences and suspicions to unite for the common good. Compassion does not really mean free medicine. Compassion means, according to my 1922 edition of The Concise Oxford Dictionary—Pity, inclining one to spare or help.
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The Drug Enforcement Administration (DEA) is at it again. This time, through intimidation and raids, the DEA successfully closed all medical cannabis dispensaries in San Diego and Modesto. Americans for Safe Access is working to restore access to patients by responding to the myths about dispensing collectives and building the political support to pass regulations protecting access. This includes direct lobbying, protests and TV commercials in the San Diego area.

We are also embarking on an aggressive proactive campaign to change federal policy and advance the rights of patients. Our success will protect patients from dealing with another situation like San Diego. Please read about our strategy. If you support the work we are doing, please join ASA today.

ASA LAUNCHES STATE AND FEDERAL LEGAL CHALLENGES
On the state level, ASA is defending patients’ right to work by taking an employment case to the California Supreme Court. This ground-breaking case will help establish employment rights for patients in California.

On the federal level, ASA is directly confronting the government’s denial of the scientific evidence about marijuana’s medical efficacy. ASA has filed a challenge under a little-known law that requires federal agencies to rely on sound science when making regulations and spreading information. If we prevail, the government will have to admit that marijuana has medical uses, a critical first step toward doctors being able to prescribe it just like other medications. Make this happen by joining ASA today!

ASA EXPANDS TO D.C. WITH NEW NATIONAL OFFICE AND MEDICAL AND SCIENTIFIC ADVISORY BOARD
Our new office in Washington, D.C. means that patients now have a voice in our nation’s Capitol as never before. As the only advocacy group in D.C. working solely on medical marijuana, we are lobbying Congress to show compassion for patients.

ASA is also reaching out to the medical and scientific communities. Barbara Roberts, Ph.D., is ASA’s new D.C.-based Director of National Medical and Scientific Affairs and President of the Medical and Scientific Advisory Board. Dr. Roberts is holding discussions with prominent scientific and medical professionals to integrate medical cannabis into mainstream health discussions.

VALUABLE PATIENT SERVICES AND ACTIVIST RESOURCES
We’re expanding services to the medical cannabis community. We’ve updated our website, adding more information and more ways to get involved than ever before. Each week, we answer hundreds of legal questions from patients and caregivers through our toll-free hotline. ASA also provides training and information to thousands of advocates, patients, doctors, and attorneys through education programs and specialized trainings.

Americans for Safe Access is fighting in court, lobbying congress, and working in the field to protect the legal rights of medicinal cannabis patients and their doctors. By joining ASA, you help us fight to provide safe and legal access to medical cannabis. Please join us and give generously today!

To find out more, see www.AmericansForSafeAccess.org.
Canna Butter

Canna butter is used in any recipe calling for butter or oil. Food cooked with canna butter is excellent for patients with loss of appetite.
Yield 3 to 4 cups

Assemble:
- One large cooking pot
- Wooden spoon
- Cheese cloth or fine-screened strainer
- Large bowl or container
- 8 sticks of unsalted high fat content butter
- 3 ounces of stemless trim

Melt butter with low heat in a large cooking pot.
Add trim and with a wooden spoon and gently submerse the trim into the melted butter.
Bring mixture to a slow simmer
Reduce heat to the lowest setting possible
Cook the mixture from 2 to 4 hours for maximum potency.
The butter should turn green as the trim infuses the butter.

While still warm, strain the butter and trim mixture through cheese cloth or a fine-screened strainer.
Squeeze all of the butter from the trim through the strainer and into clean bowl or container.

Pour the strained butter into one cup glass storage containers, cover and refrigerate.
Use as you would any butter or oil.
Here is a luxurious treat that redefines the idea of fresh. Snuggled in a tree-covered courtyard near larger, more expansive buildings on South Robertson Boulevard in Beverly Hills, is the most delightfully cozy restaurant serving traditional Japanese fare personally created by owner/chef Satoshi Kiyokawa.

Serving vegetarian, seafood and meat dishes including salads, sashimi, sushi, and a full selection of lunch and dinner specials and combinations, this restaurant blends the tradition and grace of Japan with cutting edge California style.

Calling Satoshi a chef is an understatement. A more accurate title is artist. Having the opportunity to sit at the counter, we witnessed the preparation of our meal. Selecting his knife like an artist selects his brush, Satoshi carefully began choosing the natural and organic ingredients. Watching the preparation of our meal was a show in itself and the presentation of each dish was like a gift being bestowed rather than food being served.

Each morsel and tidbit from rice to saki provoked eye-closing appreciation as the flavors blended and melted into a truly delectable dining experience. The selections range in price to fit most any budget, and this is the restaurant to make your Beverly Hills/Hollywood visit most memorable. It is also a place to enjoy with family and friends. The elegant, yet simple style lends itself to intimate dinners, social gatherings and casual meetings.

Satoshi loves his restaurant and it shows through the décor, service and carefully prepared food. Fresh, by Satoshi standards, means the food was thriving in one of the several large and beautiful fish tanks five minutes before it is served. That is about as fresh as it comes.

For more information about Kiyokawa’s go to www.kiyokawa-restaurant.com where the complete menu is posted, a map to get to the restaurant, and with beautiful photos of the interior and exterior of the restaurant. Or call 310-358-1900 and speak directly to Kiyokawa’s.

This is a place we will return to enjoy as frequently as possible. Greenkind ranks Kiyokawa’s Japanese Restaurant with five green leaves — the highest ranking possible.
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(hints on pg. 37)
My name is Steve DeAngelo. I am co-founder and CEO of Harborside Health Center, Oakland’s newest medical cannabis dispensary. Open since October 2, Harborside is already widely recognized for setting new standards in the medical cannabis industry, and has received incredible reviews on the on-line patient forums including www.icmag.com and www.weedtracker.com. This is the story of how and why we hope to transform the medical cannabis industry.

I’ve been a cannabis reform activist my entire life, most of which has been spent in Washington, DC. When I moved to California in 2001, the public image of medical cannabis was very positive, and focused on the need of patients for safe access to medicine.

Dispensaries were relatively few and far between. Most were operated by dedicated activists who were usually long on integrity, but short on business savvy and experience. Because there were not many dispensaries, the early ones quickly attracted huge numbers of patients. Overnight, they turned into very lucrative businesses without even really trying.

These successes, in turn, attracted a new group of dispensary operators, many of who were mostly attracted by the prospect of quick profit, rather than a desire to provide compassionate service to patients. There was a rush to open dispensaries, often without first obtaining a license from municipal authorities, often in unsafe buildings and sometimes even without functioning restrooms.

Dispensaries were launched in inappropriate locations, sometimes close to schools, residential zones, or other sensitive neighbors. Insufficient attention was paid to keeping patients and the surrounding neighborhoods safe, to providing adequate parking, and access for disabled patients. Within the space of a few years, we went from a couple dozen dispensaries to hundreds statewide.

Unfortunately, many of the new operators lacked professional management experience. Employees were hired without background checks, and put to work without adequate train-
ing or supervision. Patients suffered through rude or indifferent service, staff that was largely uneducated about cannabis, and unpleasant or dangerous locations.

Inevitably, there were problems with crowds, noise, loitering, and robberies. Neighbors mounted protests, contacted their elected representatives, and negative stories about medical cannabis began to replace the previously positive coverage of our medical cannabis.

Before the movement could effectively respond to these changes, local jurisdictions went on attack against medical cannabis, imposing moratoria and even outright bans against dispensaries. Every day, we read about another jurisdiction that has banned dispensaries. Today, far more California jurisdictions prohibit medical cannabis dispensaries than allow them.

*Harborside Health Center* was established to challenge this dynamic, and to provide a positive example of a truly patient and community oriented dispensary. Our first step was to legally organize ourselves as a not-for-profit corporation, so our first priority is providing patients with a superior medical cannabis experience and not turning a large or quick profit.

Next, we began a long and difficult search for an appropriate site. We wanted something in a safe and accessible part of town, with abundant on-site parking, and great security. This process was complicated by Oakland’s stringent dispensary zoning ordinance, and by landlords’ reluctance to be involved with medical cannabis. We searched daily for six months before finding our spot.

The building we found was located in a forgotten, but very beautiful corner of Oakland’s waterfront. It is in a tranquil neighborhood of marinas, parks, restaurants, and waterfront walkways. But the property came with challenges and we had to do an extensive remodel to make it ready. A disabled lift and restroom had to be installed; the floor plan reconfigured; alarm & surveillance systems installed; carpets laid, walls painted, furniture and fixtures installed, and altars built.

Beyond those basic renovations, we wanted to create an environment of peace and beauty. Medical cannabis patients have endured years of stigmatization, shame, and fear. It is time for us to come out of the shadows, and into the light.

We wanted to give patients a place that could heal some of this damage, so we put in lots of windows; covered the floor with natural sisal; built our counters out of long expanses of soothing maple wood; and filled the space with flowers, altars, and things of beauty.

One of our goals was to place medical cannabis in the context of a modern health care facility. We believe medical cannabis belongs in a medical environment not in coffee shop/nightclub/convenience-store type of surroundings. Our biggest design challenge was to preserve a medical atmosphere, without being cold or clinical and we succeeded beyond our wildest dreams.

Another part of placing cannabis in a medical context is our specially designed Holistic Healing clinic, which features a wide range of therapies including Naturopathy, medical Qi Gong, traditional Chinese medicine, Accutonics sound healing, Nutritional counseling, Hypnotherapy, and therapeutic Yoga. All of these services are absolutely free of charge to any legally qualified medical cannabis patient, regardless of whether or not they purchase medicine from us.

*Harborside* strives to empower patients with education and activism. All new patients start off with an orientation session, and are urged to be good ambassadors for the medical cannabis movement. Our large resource center features complimentary copies of all of ASA’s educational pamphlets, O'Shaughnessy’s newspaper, Oaksterdam News, Greenkind, petitions, pamphlets, flyers, postcards, etc. We prominently display all ads for upcoming demonstrations, and offer a free shuttle service to all local medical cannabis events.

*Continued, see Harborside page 36*
**Greenkind’s Pick**  
*Best products for 2006*

**QuickGrow™**

Flower and Herb dryer

Quick Grow Systems — Flower and Herb Dryer is a necessity for patients growing personal medication. Proper drying is as critical to the health and potency of medicine as is every other step in the cultivation process. This model of the Flower and Herb dryer was developed by QuickGrow Systems especially for California patients.

Simply plug this dryer into any wall outlet, it uses less than 1amp. of power and creates the perfect environment for drying medicine and maintaining potency and flavor. It has an effective odor killing Coco-Carbon filter so there are no tell-tail wafting scents of drying your medicine. It cuts drying time down to just a few days. The dryer’s durable plastic container comes with an easy on-off lid for quick cleaning and storage. The unit has quiet 3” ball-baring fan with a safety metal finger guard, with 3 levels of drying, two large removable mesh shelves will hold an ample amount flowers and herbs. There is also a thick removable pre-filter which is easy to clean. This great unit IS the answer for this season.

The Flower and Herb Dryer, will simplify and improve your entire drying process.

For more information please call 1-877-788-4769; www.QuickGrowCanada.com

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**420Jars.com**

420 Jars are the finest medicine storage jars we have seen to date. These jars are made in America with a high-quality, durable glass. The lids have a plastic gasket seal to protect your medicine’s potency. This tight seal creates an air-vacuum that you’ll hear “pop” every time you open the jar. 420 Jars come in two styles. The Classic series is cylindrical much like a traditional apothecary jar while the Vibe series flares gracefully to a broader base. Both styles are extremely attractive and each style comes in three different sizes that hold as little as 1/5 ounce and as much as 1.5 ounces of your medicine.

Steven Hager, the founder of the Cannabis Cup, recently selected 420 Jars as the Official Stash Jar of the 2006 High Times Cannabis Cup in Amsterdam. That means all entries at the Cup will be displayed in 420 Jars. Also, a limited edition of commemorative jars will be created for event.

With a selection of 22 designs, the jars fit every personality and lifestyle. These are the perfect storage jars for both dispensaries and patients to protect medication potency. In fact, some dispensaries are now having custom jars made with their name & logo to give away or sell to their patients, including both Sunset Collective and PCH Collective. So throw out those baggies, put those plastic pill containers in the archives, it is 420 Jars that keep medicine fresh, potent, and ready to use. Reasonably priced from around $15 - $25, the jars more than pay for themselves by keeping medicine fresh and at a consistent potency level. Go to www.420JARS.com or call 1-888-420-5277 for more details. This really is a “must have” storage container for every patient.

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**Smoke-Out Spray**

Here’s a nice little product for smoke and odor control. It actually works without sent. There is no perfume covering the tell-tell smoke smell clinging to clothes and hair. Smoke out, made of processed proprietary structured water, is chemical-free and works for onions and garlic as well. This gentle misting spray dispensed from a pump-bottle instantly neutralizes odors. This is great to have handy for the unexpected knock at the door or a quick spritz before going out.

Check it out at www.Happy-Planet.com
Canna Banana Bread is a product more than worthy of searching out and trying. It is nothing less than wonderful. The home-baked quality combined with a tasty, yet subtle, banana flavor makes this medicating experience a cut above. Unlike many infused foods, Canna-Banana Bread is not overly sweet, so the flavor simply augments the appealing bread-like texture containing no nuts. One taste tells that the finest ingredients and highest quality medication is used to create this excellent ingestible.

The dosage is so consistent that a 1/2 inch slice produced the same level of medication that could easily be controlled according to need. The loaf with proper refrigeration has a long shelf-life and serves 8-12 depending on serving size. Also, it is important to note that the bread is reasonably priced. Generally, because of calorie and fat content, I shy away from pastries, cookies and breads as a means of medicating. As a note to those who have experienced weight gain from indulging in baked goods and candies, Canna-Banana Bread fit into my usual diet by replacing two slices of sandwich bread. If you don’t see Canna Banana Bread at your local dispensary ask them to obtain a sample or call 310-541-0608 for ordering information.

S&M sandmindustries@hotmail.com • (510) 357-5521

A High Quality Toy for Your Trim. A growing season ending in a copious harvest deserves the very best treatment. The leaves and smaller buds/flowers are most commonly known as trim or trash and many patient growers find themselves with quite a bit of cured trim to utilize after trimming the bud/flowers. In answer to this abundance of trim, Greenkind has discovered the very best in patients’ trim toys from S&M Industries.

Deluxe sifting boxes are S&M Industries speciality; they are fabricated with the finest quality materials and assembled with the skill of a craftsman. Frequently, metal screens are used in sifting boxes while S&M uses super-duty, high-micro-fiber, mesh screens. Grind your trim and gently sift the dust through the screen, you’ll be amazed at the results! The boxes are available in multiple sizes to fit the sifting need of everyone.

Keep it Medical www.7LBH.org is a great little personal pack for medical cannabis. This hand-sized zip-pack is made of a canvas-type, water-resistant material and comes in green and black. The pack zips fully-open and stores four plastic, snap-open medical containers secured in place with wide elastic bands. There are also two bands to hold other items such as a small pipe and a lighter.

The exterior of the pack has a zipper pocket to hold medical prescription papers, and identification cards. There is also a handy snap-hook to keep the pack secure on the belt, in a backpack, purse or briefcase. It provides a low profile, secure and organized method to store four different strains for both home and travel. Priced at $25 – this handy little pack offers a simple, organized solution to keeping medicine close at hand. This organization’s motto is helping you “Keep it Medical”. Check out www.7LBH.org and support this non-profit’s cause to empower patients.

Free pouch to new, verifiable patients just for mentioning this article, while supplies last at Caregivers Medical Resource, 3232 Barham Blvd., Los Angeles.
THE ORIGINAL MEDICAL MARIJUANA CO-OP REVIEWS WEBSITE WITH OVER 800 REVIEWS OF
CO-OP PRODUCTS FROM 150+ CO-OPS FROM ARCATA TO SAN DIEGO. COME JOIN OUR
FORUMS AND TALK WITH OTHER PATIENTS ABOUT THE CO-OPS AND THE WORLD.
JOIN US FOR OUR DAILY 4:20PM CHAT SESSION OR BROWSE OUR DEDICATED GROWING FORUMS
FOR INFORMATION ABOUT HOW TO GROW YOUR OWN MEDICINE. CHECK OUT OUR FEATURED
WEEKLY PROFESSIONAL PHOTO MENUS AND PRODUCT REVIEWS. YOU WILL ALWAYS GET AN
UNBIASED OPINION OF MEDICINE QUALITY FROM OUR STAFF. WE EVEN HAVE INTERACTIVE
MAPS THAT WILL GET YOU TO YOUR FAVORITE CO-OP FROM ANYWHERE ON EARTH, COMPLETE
WITH DRIVING DIRECTIONS. AND DON’T FORGET OUR STRAIN SEARCH WILL ALWAYS HELP
YOU FIND YOUR FAVORITE MEDICINE AT THE BEST PRICE. WEEDTRACKER.COM IS YOUR
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Saturday 10am-6pm, Closed on Sundays
continued from page 29

James L. Clark - 506 Broadway, San Francisco CA 94113 (415) 986-5591 (p) (415) 986-5591 (f) james.clark@colorado.edu

Joseph Elford - Americans for Safe Access - 1322 Webster St. #208, Oakland CA 94612 (510) 251-1856. Medical marijuana specialist.

Alan Ellis, 34 Issaquah Dock, Waldo Point Harbor, Sausalito, CA 94965, 415-332-6464 (p), 415-332-1464 (f), AElaw1@alanelis.com , www.alanelis.com

Christopher Glew - Employment Law. (p), jfrohlich@pathfindermail.com

Bill Hornaday, 323-655-7446 (f), wskroger@laattorney.com, http://www.laattorney.com

Mel Grimes, Jr., 415-337-4338 (p), 831-373-4338 (f), melgrimes@ips.net

Omar Figueroa, 415-421-1331 (f) Yo hablo español omar@stanfordalumni.org - www.omarfigueroa.com

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Bruce M. Margolin (LA NORML), 108 Locust Street, Ste. 13, Santa Cruz CA 95060, 831-429-1440 (p), 831-427-8005 (f), gigalaw@surfnetusa.com

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William L. Osterhout, 135 Belvedere St., San Francisco CA 94117, 415-684-4600 (p), 415-664-4681 (f)

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Robert Raich, 1970 Broadway #1200, Oakland CA 94612, 510-338-0700

Medical cannabis business law & regulations.

Benjamin Rice, 465-7375 (f), Roberts_dennis@sbcglobal.net

Stephen D. Tulanian, 506 Broadway, San Francisco CA 94133 (415) 986-5591

Greater Los Angeles

Michael Mehay, 840 County Sq. Dr #247, Ventura, CA 93003, 805-644-2883

Michael Nasatir, 2115 Main St, Santa Monica CA 90405, 310-399-3259

Sean Tabihan, 9000 W. Sunset Blvd, W. Hollywood CA 90069 (310) 833-0444

Allen G. Weinberg, 9454 Wilshire Blvd., Suite 600, Beverly Hills CA 90212, 310-550-7177 (p), 310-550-1558 (f), allen@completedefense.com

David Yousefyeh, (ADY Law Group) 1925 Century Park East, Suite 500, Los Angeles CA 90024, 800-762-8469 (p), 310-388-39007 (f) (see ad pg 12)

San Diego and Desert

Patrick Dudley, 4153 Market St. #B-152, San Diego 92102, 619-233-7334.

Steven E. Feldman, Law Offices, 934 23rd St., San Diego, CA 92102, 619-232-8649 (p), 619-232-8271 (f), sfeldman@cts.com

William R. Fletcher, Portola Centre, 74-040 Highway 111 Ste. I-214, Palm Desert CA 92260, 760-773-9922 (p), bill@fletcherlaw.com

James J. Warner, 3233 Third Avenue, San Diego CA 92103, 619-243-7333 (p), 619-243-7343 (f), jivlaw@jwarnerlaw.com

David Zugman, 600 Trout St., Apt. 238, San Diego CA 92101, 619-231-6292 (p), david_zugman@fd.org

California Patient Service Listing

North Coast

• Humboldt Patients Co-Op, 601 St. #B, Arcata, (707) 822-9330

• MandolHealing (Ft Bragg) (707) 964-3677

• Herban Legend, 18300 Old Coast Hwy3, Fort Bragg (707) 961-0113; M-Sa 11am-6pm.

• Mendo Remedies, 42400 Highway 101, Laytonville (707) 984-7101.

• Caregiver Compassion Center – Santa Rosa - 4349 Montgomery Rd #D (707) 537-7303 (waiting list - limited membership).


• Sonoma Alliance for Med MJ (707) 522-0292 - Advocacy & education (Does not distribute).

• Sonoma (Guerneville): Marvin’s Gardens 707-869-1291

• Sonoma Co. Compassionate Services Delivery 707-872-7818

• Cheops Herbal Apothecary Delivery (Sonoma & Napa Co.) (707)-974-9465 cheops-herbal@hotmail.com

• Lake Co. Holistic Solutions, 14240 Lakeshore Dr, Clearlake (707) 995-9000 Open 11:7 M-Sa

• Lake Co D & M Compassion Center, 15196 Lakeshore Blvd, Clearlake (707) 994-1320

• Lake Co Alternative Caregiver Clinic, Clearlake Oaks (707) 998-0358 lacc@mchsi.com

Central Valley & Foothills to Redding

• Jim’z Deliveries Delivery Service: (916) 519-5328. Open 7 days: 10a to 6p

• Charity Caregivers Of Tulare, 219 N “M” St. #202, Tulare, (559) 688-2001; info@CCOF.com (see ad p.n1)

• Merced County Patient Coalition MercCountyPC@msn.com (patient support)

• California Healthcare Collective, 1009 McHenry Ave. #D, Modesto, (209) 577-4556

• Golden State Patient Care Collective, 233 Hwy 174, Colfax (530) 346-2514. M- Sat 9-5pm

• Paradise Alliance Med MJ Delivery Service (530) 966-0981

• Roseville area deliveries – Jim’z Deliveries (916) 519-5328 Hours 10 - 6.

• Shasta Patient Alliance shapatall@hotmail.com (information only)

• High Flight Deliveries - Stockton/Tri Valley area , (209) 346-4489 - 10% discount for cancer patients

• Yuba County CBC (530) 749-7497

Sacramento

• Capitol Wellness Collective, 2400 14th Street, Sacramento, (916) 325-9000

• River City Patients’ Center, 1512 El Camino Ave., Sacramento, (916) 649-0114; M-Fri 10-6pm; Sa 10-5pm; Su 10-3pm
• Growth Unlimited, Sacramento/Solano/Central Valley/San Jose/Santa Cruz
  Deliveries: Phone: 1-888-MED-CANN
• L’s Clone Service. Deliveries to Sacramento area. email for details:
  ganjaloave@yahoo.com; hours: on demand.
• Capitol Alternatives 1611 - 20th St., Sacramento, 916-497-0277; Open M-F 9-
  7pm; Sat 9-5pm
• Doctor’s Orders 4011 Winters St., Sacramento, (916) 564-2112; M-Th 10-6pm,
  Fri 10-8pm, Sa 10-6pm, Su 10-3pm.
• Sacramento – MedSac916: (916) 806-2314 www.medsac916.com
• Sacramento – End of the Rainbow deliveries: End-of-the-Rainbow@Hotmail.com
  916-389-8000 or 916-698-8249.
• Sacramento area deliveries – Today’s Holistic Caregivers (661) 946-6600;
  caregivers420@yahoo.com
• Sacramento area Sam’s deliveries; (916) 717-4848. Hrs 10-6pm.

East Bay — Berkeley
• Berkeley Cannabis Coop (Shattuck Av btwn Prince & Woolsey): (510) 486-1025
• Berkeley Patients’ Group, 2747 San Pablo Ave, (510) 540-8013
  www.BerkeleyPatientsGroup.com

Contra Costa County
• Delivery Alternative Northern California, Mobile Compassion, (925) 335-
  0420; cell (925) 586-7052; fax (925) 228-2321; one4kgb@yahoo.com (ad p.12)
• ME Delivery (510) 758-3269
• Maricare - 127 Aspen Dr., Pacheco (also deliveries) (925) 458-2929 11am-7 pm
• Natural Remedies Health Center Collective, 3817 Macdonald Ave, Richmond (510)
  965-1735
• Tender Holistic Care, 5230 Pacheco Blvd, Pacheco (925) 798 MEDS (6337)

Alameda County — Hayward/Tri-Valley
• Compassionate Collective of Alameda County, 21222 Mission Blvd, Hayward.
  Open M-F 9-7, Sa-Su 11-7.
• We Are Hemp (San Lorenzo), 913 East Lovelling Blvd, (510) 276-2628 M-Sa 11-8.

Oakland
• Harborside Health Center, 1840 Embarcadero, Oakland, (510) 533-0146; fax
  (510) 533-1048; Open daily 11-7.
• Local Patients’ Cooperative, 22630 Foothill Blvd., 2nd fl, Hayward (510) 537-
  2405. Open 10am-1am everyday; (wheelchair access to 9:30 pm; call in
  advance) 12/12/06 CLOSED.
• Purple Heart Center, 415 Fourth St., Oakland
• Official city ID cards & patient info available at the Coop Store, 1733 Broadway
  (510) 832-5346; www.rxc.org.
• SR-71, 377 – 17th St; (510) 251-0680. Open M-F 9-8pm; Sa 10-8, Su 10-6pm

San Francisco
• Nor Cal Herbal Relief Center, 1545 Ocean Ave., San Francisco, (415) 469-7700;
  Tu-Sa 10-7pm
• The Patient Place, 4811 Geary Blvd, San Francisco, (415) 221-HEMP
• Re-Leaf Herbal Center, 2980 21st St., San Francisco, (415) 235-3307; M-Sat
  12-8pm
• Grass Roots Clinic, 1077 Post St., San Francisco, (415) 346-4338; M-Sat 10-
  7pm; Sun 10-5pm
• Happy Days Herbal Relief, 607 Divisadero St., San Francisco, (415) 359-9927;
  M-Thur 12-10pm; Fri-Sat 12pm-12am;Sun 11-7pm
• Patient ID Cards available from SF Dept of Health; 101 Grove St. #105, San
  Francisco, (415) 564-2890
• SF Medical Cannabis Clinic #1, 122 Tenth St (at Mission) 415-626-4781; Open
  M-Wed 11-7pm; Th-Sat 10-7pm; Su 11-6pm.
• CannaMed Care Center, 1211 Sutter St (lower) (415) 885-8007
  www.cannamedcare.com; Open 1-9 M-Sa, 1-6 Su
• Alternative Herbal Health, 442 Haight St. (415) 864-1300. Open M-Sat 9-7pm
• The Vapor Room, 609A Haight St. (MD consultations available). Open M-Sa 9-
  9pm; Su 12-8pm
• The Hemp Center (4811 Geary Blvd) 415-221-HEMP

You can help.
Visit us at www.mpp.org
887-JOIN-MPP
(564-6677)
**Central Coast — Santa Barbara**
- Pacific Greens Inc., 816 N. Milpas St, Santa Barbara, (805) 963-0616; open 7 days 10-8pm
- HertiPharm Caregiving & Consulting, 4 W Calle Laureles, Santa Barbara, (805) 538-2802
- Nature’s Path Care, 1419. Open 10:30-8:30 daily.
- Mobile Herbal Therapy, East
- Santa Barbara Patient Doctor Coalition (805) 687-2380 PCCOALITION@cox.net

**Southern California Deliveries**
- Los Angeles Cannabis Club, Free membership; Doctor Referrals; Fast, Friendly Deliveries; www.LACannabisClub.org
- Mobile Herbal Therapy (San Mateo - San Jose deliveries) 866 240-9121
- Kindle Care Resource Center, 5423 Central Ave. #13, Newark, (510) 796-KIND; Open 10-8 daily
- San Jose & Santa Cruz area deliveries: Growth Unlimited 1-888-MED-CANN
- My Green Heaven Ministry, Millbrae www.mygreenheaven.org
- Mobile Herbal Therapy, San Mateo & San Jose; Deliveries; (866) 240-9121
- Mobile Meds RX, East Santa Clara Co. Deliveries; (408) 681-2366

**Santa Cruz**
- Compassion Flower Inn Bed & Breakfast for Prop. 215 Patients, 831-INN-0420; www.compassionflowerinn.com
- Evolution, 6116 Hwy #B, Felton, 650-537-0125; M-Sa 8-12pm.
- Santa Cruz Patients Collective, 115 Limeklin St, Santa Cruz, (831) 425-SCPC; M-Sa 10-8pm
- WoMen’s Alliance for Medical MJ; (831) 425-0580 (NOT a dispensary, but a collective for seriously ill Santa Cruz patients in hospice care) www.wam.org
- Greenway Compassionate Relief, 140 Dubos St #D, Santa Cruz, (831) 420-1646; M-F 11-6pm, Sa 10-8pm (see ad p. 30)
- MedEx Delivery Service: (831) 425-3444
- Hemposium – LLC Delivery Service (831) 295-9381 or (831) 295-3511

**Central Valley — Bakersfield South**
- Growth Unlimited 1-888-MED-CANN
- Los Angeles Medical Caregivers, 3000第七Street #100; fax (323) 930-9668 (preverification avail by fax); (see ad p.6)

**Los Angeles Area**
- The Calm at the Beach Compassionate Caregivers of Malibu, 21355 Pacific Coast Highway Ste #100, Malibu, (310) 317-6298
- PCH Collective, 22333 Pacific Coast Hwy, #102A, Malibu, (310) 456-0666; M-Sa 12-8pm, Sun 12-6pm; www.pchcollective.com (see ad pg.7)
- Westside Compassionate Caregivers, 2355 Westwood Blvd., Los Angeles, (310) 474-8459; fax: (310) 474-8529
- Live For Care, 1151 S. Robertson Blvd., Los Angeles, (310) 435-0028; 10-8pm
- Organic Century Farmacy, 404 W. 7th St., #405, Los Angeles, (213) 489-0852; fax (213) 489-0862; organiccenturyfarmacy@yahoo.com (see ad p.9)
- Ironworks Collective, 4100 Lincoln Blvd, Venice, (310) 305-8425
- Fairfax Caregivers Inc., Venice, 1700 Lincoln Blvd, Venice, (310) 396-7093
- California Caregivers’ Association of West Los Angeles, 12107 Santa Monica Blvd., Los Angeles, (310) 826-3536; fax: (310) 826-3531; open 7 days 10-8pm
- California Medical Caregivers Association Los Angeles, 3430 Whittier Blvd., Los Angeles, (310) 261-2009; fax: (323) 261-2027
- Angel City Caregivers, 441-1/2 E. 18th St, Los Angeles, (213) 746-5420; fax (213) 291-7449. Open 7 Days 11-8pm
- Shiva’s Gardens, 2002 Robertson Blvd, Los Angeles, 310-841-0550; 7 days a week 11am-8pm (also delivers)
- Natural Caregivers, 609 S. Westmoreland Ave., Los Angeles, (310) 427-9731; Open everyday 11-7pm
- Los Angeles Medical Caregivers, 5589 W. Manchester Ave. Los Angeles, (310) 410-9954. Open M-Sa 10 - 7pm. (see ad pg 17)
- Arts District Healing Center, 620 E. 1st St. Los Angeles (213) 687-9981; Open M-Sa 11-7.
- Downtown Collective, 1600 S. Hill St., #D, Los Angeles, (213) 984-9600; Tu-Fri 10-7pm, Sat 11-8pm, Sun 11-5pm (see ad p.7)
- LA Compasionate Care
- LA Compasionate Care Silverlake 13th - 2227 Sunset Blvd, (213) 484-1001; en español, (213) 272-9489
- PureLife Alternative Wellness Center, 1649 S. La Cienega Bl., Los Angeles, (313) 246-9345. (see ad p.2)
- United Medical Caregivers Clinic, 1248 S. Fairfax, Los Angeles (310) 358-0212. Open Mon-Sat 10-8pm
- KUSH Collective, 1111 S. La Brea Blvd, Los Angeles, (323) 938-KUSH Open 11-11 M-Sa
- Palos Verdes Collective, 716 Yarmouth Rd., Ste. 215, Palos Verdes Estates, CA 90274; (877) 420-2150; (310) 541-0608.
- Quality of Life Activities (QOLA) Silverlake - Los Angeles. Call for info: (323)-644-1209 Hours: 10-7pm M-Sa.
- LA Compasionate Care Silverlake 13th - 2227 Sunset Blvd, (213) 484-1001; en español, (213) 272-9489
- Quality of Life, 4323 Melrose Ave #A, Los Angeles, (323) 644-1209; M-Sat 10-8pm, Sun 12-7pm
- Southern California Patient Assistance, 5072 W. Pico Blvd., Los Angeles, (310) 796-9966 (preverifcation avail by fax); (see ad p.6)
- California Caregivers Alliance 2815 W. Sunset Blvd. #201, Silverlake, (213) 353-0100; fax (213) 353-0080; M-Sat. 11-8pm; Sun. 12-7pm
- Superior Herbal Health, 1011 W. 84th Pl, Los Angeles, (323) 971-6333; open 11-7pm everyday; www.superiorherbalhealth.org (see ad p.17)
- Herbal Remedies Caregivers, 4743 Fountain Ave., Los Angeles, (323) 913-0933; M-F 8-9pm, Sat. 10:00pm, Closed Sun.
East Los Angeles Area

- Diamond Delivery, South Bay Delivery, The Lawndale Collective, 14829 Hawthorne Boulevard, Suite 204
- Peace of Green, 22828 Western Ave.
- W.M.P.C. 11618 Washington Blvd #D
- CMCA - LA, 3430 Whittier Blvd
- Golden State Caregivers Association, 5711 E. Beverly Blvd.
- United Caregivers Group, 643 S. Second Ave #G (2nd floor)
- Nature's Way Compassion Group, 1111 S. Pacific Ave.
- CCLB (not affiliated with other "Compassionate Caregivers")
- Cancer Help Center Herbal Collective, 3381 Long Beach Blvd @ Wardlow
- California Caregivers Assn of Gardena, 17901 S. Vermont Ave #D
- Green Cross of Torrance, 22926 Hawthorne Blvd
- Inglewood Wellness Center, 318 S. Market St.

Long Beach and South Bay

- Spiritual Awakening Deliveries; San Pedro and surrounding area delivery services (310) 793-6556; 12pm-10pm
- Peace of Green, 22828 Western Ave., Torrance, (310) 530-4135; Fax: (310) 530-2416, Mon-Fri 12-8pm, Sat-Sun 12-6pm
- California Caregivers Association of Redondo Beach, 201 Herondo St. #100, Redondo Beach, (310) 374-1738; fax (310) 374-1354
- Herbal Collective Caregivers, 3381 Long Beach Blvd., Long Beach, (562) 424-HERB
- Compassionate Caregivers of Long Beach & Lounge, 4242 E. 4th Street, Long Beach, (562) 621-9777; Fax: (562) 621-9770; M-F 11-8pm & Sa-Su 11-7pm
- Long Beach Vapor Lounge Collective, 1088 Redondo Ave., Long Beach, (562) 434-6761; M-F 11-6pm, Sa-Su 11-7pm
- ECHO Collective - Earth Choice Healing Organization, 716 North La Brea
- A-1 Compassionate Collective, 301 N Prairie Ave #512, Inglewood (310) 673-2122 ("A1CC"); M-Sa 11-7pm
- The Holistic Caregivers, 1321 E. Compton Blvd, Compton (310) 889-4799; for deliveries phone (310) 744-4740. Open M-Sa 9am-7pm.
- Inglewood Wellness Center, 318 S. Market St. Inglewood (310) 674-4444 www.InglewoodWC.org
- California Caregivers Assn of Gardena, 17901 S. Vermont Ave #D, Gardena (310) 352-1188; open 11:30-8pm
- Green Cross of Torrance, 22928 Hawthorne Blvd, Torrance (310) 378-4900. Open 10-8 daily.
- Cancer Help Center Herbal Collective, 3381 Long Beach Blvd @ Wardlow. Some free medicine given to every patient who asks. Long Beach 562-424-HERB Open M-F 11-8, Sa-Su 11-7
- CCLB (not affiliated with other "Compassionate Caregivers") Long Beach (562) 621-9777 call for details.
- The Lawndale Collective, 14829 Hawthorne Boulevard, Suite 204, Lawndale (310) 644-9420. Open 11-7 daily.
- Mod/A/Cab delivery service, Long Beach and mid-cities, (562) 256-5066; 11-7 everyday.
- Low Cost Deliveries, downtown Long Beach & surrounding area, (562) 753-3165 Hours 10-10 daily.
- South Bay Delivery, Beach cities El Segundo/Palos Verdes, (310) 920-2329; 10-8 everyday
- Diamond Delivery, Long Beach to North Orange Co., (562) 331-5415

Orange — San Bernardino — Riverside

- Greenlight Discount Pharmacy, 15507 Cobalt St., Sylmar; Toll Free 1-877-367-9190; Open 7 days 10-10pm
- 215 Patient Bakery (edibles only) and 420 Primary Caregivers delivery service 421 N. Brookhurst #130, Anaheim, (714) 758-3500 Bakery open M-Sa 11-7. www.420primarycaregivers.com
- Legal Ease 1077 E. Main St., Tustin, (714) 508-3633, M-Fri 10-8pm, Sa-Sun 11-7pm
- C-3 Deliveries, Orange Co/S. LA/SD, (714) 396-6770; www.californiacan.com
- Med-Drop deliveries Norco/Riverside/Corona, (951) 833-3668 meddropie420@yahoo.com.
- Inland Empire Herbal Caregivers delivery service; San Bernardino Co., (951) 537-0235.
- Green Ease Collective & Delivery serving San B’d/no/Big Bear/Hemet/Riverside, (951) 258-6712; www.greenease.com
- C.A.P.S. (Palm Springs); (760) 325-1112
- Cannabis Help, 73350 El Paseo #204, Palm Desert, 877-760-4367, Open 10-8.
- Collective Apothecary of Palm Springs, 333 North Palm Canyon Drive #118, Palm Springs, (760) 325-1112; fax (760) 325-1113. Open 7 Days: 11 to 7pm
- Palm Canyon – Palm Springs Caregivers, 2100 N. Palm Canyon Dr. #104-B, Palm Springs, (760) 327-8810
- Therapeutic Health Care Deliveries. Phone (949) 916-7176
- Peaceful Primary Caregivers Deliveries. Phone (949) 395-9588
- Healing Nations Collective, 80 W Grand Blvd, Corona, (951) 737-5100
- DCMC Cooperative, Orange County, (949) 855-0310
- Humble House deliveries to Orange County (949) 395-9588.
- South Orange County Primary Caregiver deliveries, (949) 246-9395 primarycaregivers@gmail.com
- A.R.C. Collective - Orange Co. deliveries, (714) 999-9666.
- KGB Meds (San Bernardino - High Desert delivery service), (760) 246-7047 Hours: 8am-7pm kgbmeds@yahoo.com.
- Dank Meds (San Bernardino deliveries), (760) 246-7396, Mon-Sat. dankmeds@yahoo.com Daily 9am-6pm.
- Freeway Farmacy delivery; Beach cities El Segundo to Huntington Beach; (310) 349-9135
- Northern Lights Church (statewide support group), Laguna Beach; (949) 222-4208 northernlightschurch.org or www.thehealingexchange.org
- CCCDC, delivery to So. Orange Co./No. San Diego Co., (714) 658-3502 (ad p.7)

Hawaii
- State registration program, Dept. of Public Safety; 808-837-8470
- The Hawaiian Cannabis Ministry; www.THIC-ministry.org
- Maui Patients Without Time; www.patientswithouttime.com
Greenkind Directory

Coffee Shops & Restaurants

Coffee Cup Café. Coffee, Smoothies, Pastries, & more; 4799 Heyer Ave., Castro Valley (corner of Heyer & Center), (510) 537-8382 (see ad p.6)
Bulldog Coffee Shop. Coffee, hemp-baked goods, & more; 1739 Broadway, Oakland (Oaksterdam), (510) 459-9346; bulldogusa@aol.com

Clothing and Apparel

Ball Player Athletics. 15548 Hesperian Blvd., #195, San Lorenzo, (510) 317-6830; bpa1@mac.com
Girls Gone Weed. Apparel, Recipes, Media; www.girlsgoneweed.com
Hemp Connection. Hemp apparel, bath & body, stationary & more; 412 Maple Lane, Garberville, (707) 923-4851
Andromeda Enterprises. Jewelry and Gifts, (360) 352-4942_androment@yahoo.com
Oaksterdam Gift Shop. Clothing, home décor, games & more; 405 15th St. Oakland

Home & Garden

Hempress Arise. Cossciously created off-the-grid hemp textiles; (541) 841-0473, halfmoonserenity@hotmail.com
H2O Gardening. Hydroponics & Organic Supplies; 355 W. 7th St. San Pedro; (310) 514-1416

Radio Shows & Podcasts

Ed Rosenthal’s 420 Report. KPFA Radio; 94.1 FM; noon to 1pm – the last Friday of the month
NORML’s Daily Audio Stash. A variety podcast for responsible marijuana smokers. Published @ 4:20pm ET; www.norml.org/rss/normlaudiosstash.xml
NORML News Podcast. NORML’s weekly news release in audio; www.norml.org/rss/normlnews_podcasts.xml
NORML’s Event Podcast. Devoted to special events, such as conferences, speeches, and interviews; www.norml.org/rss/normlevents_podcast.xml

Health & Well-Being

Living Harvest Consonant Nutrition, Inc. P.O. Box 4407, Portland, OR 97208; (888) 690-3958; www.livingharvest.com
Jason Chase. Massage Therapy & Reflexology; (310) 210-3033. By appt only; www.geocities.com/jmchase2000

Vacation & Travel Services

Best Lodging. One click away from a great place to stay; (530) 518-7729; www.bestlodging.com
Apotheccy Enterprises. Travel packages; (707) 459-2576; www.apotheccytravel.com

Patient Accessories

4-Star Smoke Shop. 22554 Foothill Blvd. Hayward; (510) 888-9471; 516 East 3rd Ave., San Mateo (650) 885-7951; 78 Purity Plaza Woodland (530) 661-9935; 531 Sea Prigit Ave. Santa Cruz (831) 420-0999
Galaxy Gallery. Exotic Pipes, Art Gallery, Chronic Café, Funky Lounge. 7224 Melrose Ave., Los Angeles; (323) 936-2074
Mary Jane’s House of Glass. 212 NE 164th #19 Vancouver, WA; (360) 514-8494
Seven Leaf Brotherhood. Patient medicating kits, common sense, knowledge, power; www.7lh.org
Vaporolution. The original glass on glass vaporizer; (530) 894-8148; www.vaporolution.com
Vapor Store. An extensive collection of world-class vaporizers; (510) 595-8273. www.vaporstore.com
Stinky Clean. Completely re-useable multi-cleaner; (916) 439-7282; www.stinkyclean.org

The Twilight Zone. Gift and smoke shop; 24058 Mission Blvd. Hayward; (510) 538-7945; 1630 El Camino Real, San Bruno; (650) 952-1670

Tattoo & Piercing

Lyle Tuttle Tattooing. 841 Columbus Ave. San Francisco; (415) 775-4991; www.lyletuttletattooing.com

Printing/ Illustration/ Graphic Design

Pacific Printing. Commercial & Instant Printing, Graphic Design, Copies; 8239 West Third St. Los Angeles; (323) 651-4864; 2print@sbcglobal.net
Designs by Sonia. Illustration & Graphic Design; (415) 613-2513; soniasanchez@earthlink.net

Political Information

Norm Stamper, Ph.D. Author and former chief of the Seattle Police force; (360) 376-2507; www.normstamper.com
Students for Sensible Drug Policy. (202) 293-4414; www.ssdpg.org
The Vancouver Island Compassion Society. (250) 381-8427; www.thevics.com
ZigZag-it. Medical cannabis directory; (818) 421-7484; www.zigzag-it.net
WeedTracker. California cannabis co-op news, reviews, and photo menus; www.weedtracker.com

Harborside Health Center, continued from page 25

Another area we have tried to improve is the whole process of selecting the right medicine. We are committed to giving every patient a calm and unhurried opportunity to examine the medicine and ask questions about it, smell it, etc. so we make sure to have sufficient counter servers on duty at all times. Samples of every type of medicine in stock are clearly displayed on the counter and we provide a handheld 30x microscope and high intensity light at each counter station.

And then of course there is the medicine itself. HHC has, without question, the most extensive selection of medicine in the East Bay. Our bar usually has between 40-50 flowers, around 15 concentrates, 25+ edibles and clones, of course. Prices range from $15 to $60 an eighth, and we always make sure to have plenty of nice budget selections. Our counter staff is well informed about our selections, and happy to answer any and all questions.

The Harborside project would not have been possible without the active support of the City of Oakland. Oakland was the first city in California with the courage to follow the mandate of the voters, and explicitly license and regulate medical cannabis dispensaries.

Our strategy for change is to demonstrate that when local municipalities actually do the right thing and license us, that the medical cannabis movement is capable of stepping up to the plate and providing a first-rate, well-equipped, professionally managed health care facility.

Our goal is for other activists to replicate our example. Our dream is for local jurisdictions to recognize that licensing enables and promotes legitimate dispensaries; that negative stories about sketchy dispensaries will be replaced with glowing reviews; and that jurisdictions will reconsider replacing moratoria and bans with dispensary licensing programs. Our work continues until every patient in need, wherever they are located, is treated with the respect, kindness, and cannabis that they deserve.
L
ookin’ for a new place to kick-off your shoes? How about a
change of scenery, or an ambiance upgrade? Well, maybe
you, like many others, were thinking of spending some hard
earned holiday cash on a swanky 420-friendly new pad.

Hopefully, if this is true, you have some of Uncle Rico’s sweet
moolah stored in a little lock box under your bed, a secret hole in
the backyard, or just plain in the bank, because it doesn’t look like
the city of San Francisco is getting any cheaper in 2007.

If your best friend’s boyfriend doesn’t have a rent controlled
place he’s trying to get rid of, or your don’t have a high-paying
pimped-out job, then you may want to say goodbye to that new
place.

Many people currently living in the city already feel as if
they pay too much for rent. It is even harder to find a renter that
feels what they pay is worth the space they are in turn provided.
For these reasons numerous people have already been moving the
also 420-friendly East Bay where transportation is readily avail-
able, as well as a much prettier ticket price on a place to squat.

Apparently, (with a little help from Craig’s List) a seriously
basic 1-bedroom apartment in the Tenderloin District is going to
cost about $600 to $950. That is if you can stand the loud noise of
the debauchery going on outside at all hours of the night. This
price is completely ignoring the fact that a classy tenant like your-
self might want to have an amenity or two. All the sudden dish-
washer appliances become a reason to charge $100 more a month
and it’s sounding more and more ridiculous. Begin upgrading with
nice add-ons like a washer and dryer or a disposal to that one
bedroom in a decent neighborhood and you are looking at spend-
ing at least $1,000/month. Is your head spinning yet? Don’t forget
about that shiny new Prius. Once again add a whopping $150 for
parking space per month and you’ve got yourself a bonafide
bank breaker.

This may be when you want to think about one less amenity
for your rock star self, or kickin’ it OG style in the crib you already
call home. If you too were thinking this new year might be the
right time to make some big moves, you may want to think again
before your wallet kicks you in the booty and your bank account
implodes. No one wants to say goodbye to good credit and hello
to the man.
WASHINGTON, D.C. — Marijuana is now the most valuable cash crop in the U.S., exceeding the value of corn and wheat combined, according to a new study released today. This is so despite decades of marijuana “eradication” campaigns in which over 100 million marijuana plants have been destroyed.

“The fact that marijuana is America’s number one cash crop after more than three decades of governmental eradication efforts is the clearest illustration that our present marijuana laws are a complete failure,” said Rob Kampia, executive director of the Marijuana Policy Project in Washington, D.C. “America’s marijuana crop is worth more than our nation’s annual production of corn and wheat combined. And our nation’s laws guarantee that 100 percent of the proceeds from marijuana sales go to unregulated criminals rather than to legitimate businesses that pay taxes to support schools, police and roads.”

The report — prepared by researcher Jon B. Gettman, who has a doctorate in public policy and specializes in economic development — can be downloaded at www.drugsience.org/bcr/index.html. Key findings include:

- Using conservative price estimates, marijuana is America’s top cash crop, with a value of $35.8 billion this year — exceeding the combined value of corn ($23.3 billion) and wheat ($7.45 billion) combined.
- The top marijuana producing states are California, Tennessee, Kentucky, Hawaii, and Washington. Marijuana is the top cash crop in 12 states and among the top three cash crops in 30 states.
- Despite intensive marijuana eradication campaigns that seized over 103 million cultivated marijuana plants and wiped out an average of nearly 36,000 cultivation sites per year, U.S. marijuana production increased tenfold from 1981 to 2006, from 1,000 metric tons (2.2 million pounds) to 10,000 metric tons (22 million pounds), according to U.S. government estimates.

This enormous growth in marijuana cultivation, despite massive eradication efforts, indicates that “marijuana has become a pervasive and ineradicable part of our national economy” that should be put under a system of legal regulation.

With more than 21,000 members and 100,000 e-mail subscribers nationwide, the Marijuana Policy Project is the largest marijuana policy reform organization in the United States. MPP believes that the best way to minimize the harm associated with marijuana is to regulate marijuana in a manner similar to alcohol. For more information, please visit www.MarijuanaPolicy.org.
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